

UNO News

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Activate Omaha 2008 Commuter Challenge Kicks Off

Tired of outrageous gas prices? Tired of contributing to global warming?

There's a simple solution. Activate Omaha, in collaboration with WELCOM and Bikeable Communities!, will host the Third Annual Omaha Metro Bicycle Commuter Challenge now through Sunday, Aug. 17.

"We hope to promote healthy lifestyle choices for Omahans, as well as create excitement and awareness around cycling in the Omaha Metro area," said John Noble, associate professor in the UNO School of Health, Physical Education and Recreation (HPER). "UNO will have a commuter team and you can become a part of it. You don't have to be a serious cyclist to participate and can join anytime."

All participants have to do for the 14-week challenge is bike to work about 1.5 days or 14.3 miles a week and record mileage and days. This challenge leads up to Corporate Cycling Challenge, on Aug. 17. If participants are able to bike to campus and earn 200 points over the course of the summer (10 points for each bicycle commute and 1 point per mile), part of or their entire UNO cycling jersey for the Corporate Cycling Challenge will be paid for.

"Live in West Omaha or Bellevue and think it's too far to bike? Just put your bike in or on your vehicle and drive to a preferred location to park and bike from there," Dr. Noble said.

More information will be sent to those who wish to participate. To sign up contact, Dr. Noble at johnnoble@mail.unomaha.edu. The Commuter Challenge is for faculty and staff of UNO. Students who want to participate contact Jessica Dozark at jdozark@mail.unomaha.edu.